



Beyond Widowhood

A Transitions Class

Sessions and Times

Monday nights: Oct. 2, 9, 16, 23 and 30 | 6-8 p.m.

Discussion topics include:

Maintaining emotional and physical health, home maintenance, making connections, dating and financial planning

Location

All sessions will be held at:
Hospice of the Red River Valley
1701 38th St. S.
Fargo, ND 58103
(Use west door)

Registration Information

Registration fee

\$25 per person

Scholarships are available.

Registration deadline

Wednesday, Sept. 27

Pre-screening and pre-registration are required for this class.

Seating is limited.

Additional Information

To register, please call (800) 237-4629 and ask for the bereavement department.

A five-session class for men and women who wish to address the more practical aspects of widowhood.

This class is not intended for those widowed less than one year.

