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2017 Journeying Home Conference

Dying is simple. Why do we make it so hard?

Presented by Barbara Karnes, RN
*Author of "Gone From My Sight,"
also known as the Little Blue Book*

Full-day conference
Friday, Oct. 13
Fargo, N.D.

CEs available for health care professionals



1701 38th Street S Suite 101
Fargo, ND 58103-4499

PLEASE POST OR CIRCULATE

(800) 237-4629
questions@hrrv.org

Register Online:
www.hrrv.org/journeyinghome



About the Full-day Conference

Participants will have an understanding of how to care and communicate with those who are dying.

Program Agenda

Friday, Oct. 13, 2017, in Fargo

- Registration** 8:15 a.m.
- Welcome/Introduction** 8:45 a.m.
- Program Begins** 9-10:30 a.m.
Rules: crying, honesty and questions
Role models for dying
- Break** 10:30-10:45 a.m.
- Program Continues** 10:45 a.m.-noon
Communication
- Lunch** noon-1 p.m.
- Program Resumes** 1-2 p.m.
Exploring normal grieving patterns
- Break** 2-2:15 p.m.
- Program Resumes** 2:15-3:30 p.m.
Find the joy
- Questions & Answers** 3:30 p.m.
- Closing & Evaluations** 4 p.m.

Registration Information

Pre-registration required. Registration fee is \$99 if received on or before Sept. 1, or \$109 after Sept. 1. A \$50 refund will be granted for cancellations received by Sept. 15. Online registration is encouraged:

www.hrrv.org/journeyinghome

Additional Presentations

Dying is simple. Why do we make it so hard?

If you cannot attend her day-long workshop, you can join Barbara for a shorter event in Grand Forks or Fargo.

Grand Forks

Wednesday, Oct. 11
9-11 a.m. or 7-9 p.m.

Ramada

1205 N. 43rd St., Grand Forks
(701) 775-3951

Fargo

Thursday, Oct. 12
7-9 p.m.

Delta Hotels by Marriott
(formerly Ramada Plaza & Suites)
1635 42nd St. S., Fargo
(701) 277-9000

The two-hour presentations are free and open to the community. No registration required. No CEs provided at the two-hour events.

Event Sponsors



Delta Hotels by Marriott
Ramada Grand Forks
Bremer Bank

“There are no pills, no words to heal grief or take the pain away. Only time.”

- Barbara Karnes



Barbara Karnes, RN

About the Presenter

Barbara Karnes is an award-winning hospice nurse and nationally prominent author and speaker on the dynamics of dying. She has authored four booklets, including, “Gone From My Sight, The Dying Experience” (also known as the Little Blue Book), “My Friend, I Care: The Grief Experience,” “A Time To Live: Living with a Life-Threatening Illness,” “The Eleventh Hour: A Caring Guideline for the Hours to Minutes Before Death,” and “A Final Act of Living, Reflections of a Longtime Hospice Nurse.”

Barbara’s career of more than 30 years as an end-of-life educator is predicated on her experience at the bedside of hundreds of people in the months, weeks and minutes before death, as well as being involved in the care of thousands. Her career path began as a hospice volunteer and progressed to include staff nurse, clinical director, patient care manager and executive director of hospice and home health care agencies.

Learning Objectives

After the conference, participants will be able to:

- Discuss the fear of death as it relates to our society.
- Identify signs of approaching death.
- Describe the process as it relates to dying from a chronic disease vs. dying from happenstance.
- Identify new tools to implement when working with patients and their families faced with a life threatening disease.
- Describe common issues when working with the dying population.
- Discuss deathbed protocol.
- Identify feelings of grief and their origins.
- Discuss the importance of balance, purpose, joy and fun in living.

Full-day Conference Location

Friday, Oct. 13

Delta Hotels by Marriott - Fargo
(formerly Ramada Plaza & Suites)
1635 42nd St. S., Fargo • (701) 277-9000

A block of rooms has been reserved for conference attendees at the Delta Hotels by Marriott.

Continuing Education Information

Programs presented as part of the Journeying Home Conference are designed to meet continuing education criteria for nursing, social work and other professions. The target audience for this conference includes social workers, chaplains, nurses, LPNs, counselors and anyone who cares for the dying. Verification and appropriate materials will be provided. Continuing education units and hours available at this program are 5.75 contact hours for nurses, 6 social work CEUs and 6 continuing education hours for North Dakota professional counselors.

Hospice of the Red River Valley is an approved provider for continuing education units for social workers in North Dakota.

This continuing nursing education activity was approved by the Western Multi-State Division, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Arizona, California, Colorado, Idaho, and Utah Nurses Associations are members of the Western Multi-State Division.

This event has been approved for North Dakota professional counselors by the NDBCE.

Cancellation Policy

A \$50 refund will be granted for cancellations received by Sept. 15. No refunds will be given on cancellations received after Sept. 15, 2017. Substitutions are welcome; please submit your request in writing. HRRV reserves the right to substitute speakers or to cancel or reschedule sessions due to unforeseen circumstances. If the conference must be canceled, registrants will receive a full refund of the paid registration fees. No refunds will be given for lodging, travel or any other expense related to attending the conference.

REGISTRATION FORM

Online Registration Encouraged:

www.hrrv.org/journeyinghome

Name: _____

Address: _____

City/State/ZIP: _____

Phone: _____

Email: _____

Profession/Job Title: _____

Company: _____

Dietary Needs: _____

All Attendees Will Receive a Certificate of Attendance

Please select which certificate you will receive:

- I wish to receive a certificate for RN/LPNs.
- I wish to receive a certificate for LSWs.
- I wish to receive a certificate for ND professional counselors.
- I wish to receive a certificate for other professions.

Fee

- \$99 (Registrations made on or before Sept. 1)
- \$109 (Registrations made after Sept. 1)

Payment Method

- Visa MasterCard Discover Amex
- Check (Make check payable to **Hospice of the Red River Valley**. If you choose to pay by check, please note checks must be received by Hospice of the Red River Valley **no later than Sept. 29, 2017**. Please indicate with your check which individuals you are submitting payment for.)

Name as it Appears on Card: _____

Billing Address: _____

Credit Card Number: _____

Exp. Date: _____ Security Code: _____

Three Ways to Register

- **Online:** www.hrrv.org/journeyinghome
- **By mail:** Hospice of the Red River Valley
ATTN: Journeying Home Conference
1701 38th St. S., Suite 101, Fargo, ND 58103
- **By phone:** (701) 356-1500 or (800) 237-4629