



Caregiver Connect

Did you know Hospice of the Red River Valley offers a support group specifically for caregivers? Caregiver Connect is an ongoing virtual support group to help caregivers manage the stress and joys of being a caregiver. This group is for anyone who is actively providing care or support to another person.

It's led by professionals who provide education, practical advice and support to caregivers. The group offers a safe environment for caregivers to share stories with others who are experiencing the caregiving journey.

This support group is free and open to the public. The support group will be held virtually. Preregistration is required.

To register, email caregiverconnect@hrrv.org or call (800) 237-4629 and ask to speak to Kriston Wenzel.

“Always be a little kinder than necessary.”

– J. M. Barrie

Connect the Dots – APPLE

