JOIN US FOR A VIRTUAL LUNCH & LEARN AS JENNIFER MESSELT, LMSW, LGSW, HRRV GRIEF SPECIALIST PRESENTS

## **HOW TO HELP GRIEVING FRIEND**

TUESDAY, NOVEMBER 8, 2022 NOON - 1 P.M.



IN THIS COLLABORATIVE SESSION, PARTICIPANTS WILL:

- EXPLORE COMMON GRIEF REACTIONS
- UNDERSTAND WAYS TO SUPPORT SOMEONE WHO IS GRIEVING

REGISTRATION MUST BE COMPLETED BY NOVEMBER 6 BY SCANNING THE QR CODE TO THE RIGHT. A LINK FOR THE ONLINE MEETING WILL BE SENT TO REGISTERED ATTENDEES 24 HOURS BEFORE THE PRESENTATION.



## ADDITIONAL INFORMATION

LUNCH AND LEARNS ARE HELD EVERY OTHER MONTH ON THE SECOND TUESDAY OF THE MONTH FROM NOON TO 1 P.M.

THESE EVENTS ARE FREE AND OPEN TO THE PUBLIC.

IF YOU HAVE QUESTIONS, PLEASE EMAIL LUNCHLEARN@HRRV.ORG.

HOSPICE OF THE RED RIVER VALLEY IS AN APPROVED PROVIDER OF CONTINUING EDUCATION FOR SOCIAL WORKERS IN NORTH DAKOTA. THIS PROGRAM WILL AWARD 1 CONTRACT HOUR.



## **LUNCH & LEARN**

















